

ADP National Employment Report Preliminary Estimate for March 28, 2026

ROSELAND, N.J., April 14, 2026 /PRNewswire/ -- For the four weeks ending March 28, 2026, U.S. private employers added an average of 39,250 jobs per week, according to the NER Pulse, a weekly update of the monthly [ADP National Employment Report](#) (NER).

It was the fourth straight week of strong job creation. These numbers are preliminary and could change as new data is added.

Week ending	Change (Four-week moving average, seasonally adjusted)
3/28/2026	39,250
3/21/2026	26,000
3/14/2026	15,250
3/7/2026	10,000
2/28/2026	9,000
2/21/2026	14,750
2/14/2026	15,500
2/7/2026	12,000
1/31/2026	11,500
1/24/2026	7,250
1/17/2026	5,500
1/10/2026	4,250

The NER Pulse is an estimate of the week-over-week change in employment based on a four-week moving average. These estimates are based on ADP's finely tuned, high-frequency data. The data is seasonally adjusted and have a two-week lag to allow for more complete and accurate estimates of real-time employment trends.

The NER Pulse, including 12 weeks of historical data, publishes every Tuesday at 8:15 a.m. ET, except weeks when ADP Research publishes the monthly National Employment Report which is built on a reference week that includes the 12th day of the month. The press release is available Tuesdays at 8:15 a.m. ET in the [ADP Media Center](#). The NER Pulse is also available shortly after 8:15 a.m. ET on release days at [ADP Research](#) and in [Main Street Macro](#).

The next NER Pulse will be released April 21, 2026. For upcoming release dates please refer to [the calendar](#) on the NER website.

The *ADP National Employment Report* and the NER Pulse are produced by ADP Research in collaboration with the Stanford Digital Economy Lab.

About ADP Research

The mission of ADP Research is to make the future of work more productive through data-driven discovery. Companies, workers, and policy makers rely on our finely tuned data and unique perspective to make informed decisions that impact workplaces around the world.

To subscribe to monthly email alerts or obtain additional information about ADP Research, including employment and pay data, methodology, and a calendar of release dates, please visit <https://www.adpresearch.com>.

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